

BAR MENU

BREAKFAST

HOT BUTTERED TOAST & PRESERVES (V)	2.75
TOASTED TEACAKE	2.50
GRILLED BACON BAP	5.50
GRILLED BACON & FREE RANGE EGG	6.50
GRILLED KITTOWS LOCAL SAUSAGE & MUSHROOM BAP	6.50
THE CARLYON BAY BREAKFAST	9.25
Kittows local sausage, grilled bacon, free range fried egg, Cornish hogs pudding, toast, hash browns & baked beans	

SANDWICHES

Freshly prepared sandwiches on white or granary bread, served with mixed leaf salad garnish & kettle crisps

WEST COUNTRY HAM & ALE CHUTNEY	6.25
MATURE LOCAL CHEDDAR CHEESE Pickle or tomato (V)	5.95
FREE RANGE EGG Mayonnaise & cress (V)	5.75
ATLANTIC PRAWNS Marie Rose sauce	6.50

JACKET POTATOES & LIGHTER DISHES

Baked jacket potato, served with crisp seasonal side salad & coleslaw

MATURE CHEDDAR & RED ONION	8.25
GRILLED BACON & CHEESE	8.25
ATLANTIC PRAWNS & MARIE ROSE SAUCE	9.25
TRADITIONAL PRAWN COCKTAIL	7.50
Marie Rose sauce & lemon, granary bread & butter	

BAR MENU

SIDE DISHES

BOWL OF FRENCH FRIES	3.00
ARTISAN ROLLS WITH BUTTER	2.75
GARLIC & CHEESE BAGUETTE	3.75
CHEESY CHIPS	4.00
SEASONAL SIDE SALAD	3.95

MAIN COURSES

HAM, EGG AND CHIPS West Country ham, French fries & 2 free range fried eggs	8.95
DEEP FRIED FRESH CORNISH COD IN DOOM BAR BEER BATTER French fries, mushy peas & tartare sauce	12.95
THE CARLYON BAY BRUNCH Free range egg, bacon, Kittows local sausage, French fries, Cornish hog's pudding, grilled tomatoes, mushrooms & baked beans	10.95
WEST COUNTRY GRILLED GAMMON STEAK Pineapple, free range fried egg, French fries & garden peas	12.95
THE CARLYON BAY HOMEMADE BEEF BURGER 8oz prime burger with melted cheese, tomato, lettuce & onion, served in a seeded bap with relish & French fries	11.95
DEEP FRIED GOLDEN SCAMPI, FRENCH FRIES & GARDEN PEAS	12.50

BEVERAGES

POT OF TEA	2.75	LATTE	2.95
SPECIALITY TEAS	2.75	AMERICANO	2.95
CUP OF FILTER COFFEE	2.40	MOCHA	2.95
ESPRESSO	2.75	HOT CHOCOLATE	2.95
CAPPUCCINO	2.95		